

Saint Mark Roman Catholic Parish



March 28, 2010 Procession of the Palms **Palm Sunday**
 5:00pm Mass – Blessing of Palms in Main Church
 7:45am Mass – Blessing of Palms in Main Church
 9:30am Mass – Procession & Blessing outside
 11:30am Mass- Blessing of Palms in Main Church
 2:00pm Mass – Procession & Blessing outside



March 30, 2010
Tuesday: NO DAILY MASS AT ST. MARK
 Chrism Mass – 2:00pm
 St. Michael the Archangel, Cary, NC
 (All are welcome)

April 1, 2010
 Holy Thursday—7:00pm Mass

April 2, 2010 – Good Friday
 3:00pm Stations of the Cross
 7:00pm Veneration of the Cross

April 3, 2010
 Easter Vigil
 8:00pm Mass

April 4, 2010
 Easter Sunday

7:30am Mass
THIS IS A TIME
CHANGE

9:30am Mass
 (Main Church)

9:30am Mass
 (Parish Hall)

11:30am Mass

2:00pm Mass
 (Spanish)

Lenten Schedule

Reconciliation Times here at St. Mark during Lent

Saturdays 3:30-4:30 PM
 Tuesdays 5:00-5:45 PM
 Thursdays 11:00-11:45 AM

**Although Reconciliation will still be available at other times by appointment, please avail yourselves of the Reconciliation Services and scheduled times that we have listed.

There will be NO CONFESSIONS during Holy Week

Fasting and Abstinence during Lent

Good Friday, **April 2**, is a day of fast and abstinence. Fridays of Lent are also days of abstinence.

Fasting is to be observed by all 18 years of age and older, who have not yet celebrated their 59th birthday. On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

Abstinence is observed by all 14 years of age and older. On days of abstinence no meat (beef, pork, poultry) is allowed. Note that when health or ability to work would be seriously affected, the law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.

Fasting, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and catechumens should undertake these practices seriously in a spirit of penance and of preparation for Baptism and the renewal of our Baptismal promises at Easter.



Reflections on the Gospel of John

Without ignoring her sin, Jesus pardoned her; he who transcended the law invited the woman to do the same (John 8:1-11). She was sent on her way contrite and resolute, not only to obey the law but to renew her conscience and to reform her behavior according to the loving mercy that had been shown her. *“Has no one condemned you? No one, sir. Nor do I. You may go . . . in peace.”*

LENTEN DEVOTION

Remaining Stations of the Cross

During the Lenten Season, Stations of the Cross will be held on **Friday evenings beginning at 7:00 PM**. Various parish groups will be responsible for leading the Stations.

6th Friday, March 26 - Led by St. Mark Knights of Columbus

Good Friday Stations—April 2—3:00-4:00 PM
 will be led by St. Mark Columbiettes

